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# Osteoporosis: Diagnosis And Management



Course # 99141

Osteoporosis: Diagnosis and Management

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### **Synopsis**

To appropriately prevent, diagnose, and treat osteoporosis, physicians and other healthcare providers should understand the epidemiology, physiology, and management. The purpose of this course is to provide members of the interdisciplinary team, including physicians, nurses, and other healthcare professionals, with the information regarding causes and treatment of osteoporosis necessary to effectively provide patient-centered care. In addition, members of the public may use this course to enhance their personal knowledge of the subject matter presented. Upon completion of this course, you should be able to:1. Discuss the clinical background of osteoporosis, noting the various definitions used in the past few years.2. Discuss the epidemiology of osteoporosis in the United States, based on age, sex, race, and other factors.3. Identify the primary and secondary causes of osteoporosis.4. Identify the various risk factors for osteoporosis.5. Describe the signs and symptoms of osteoporosis.6. List the various screening recommendations established for osteoporosis.7. Explain the various treatment modalities for osteoporosis.8. Describe the current dietary and physical activity recommendations related to osteoporosis.9. Discuss the pharmacologic treatment of osteoporosis, including indications and adverse reactions and the importance of utilizing interpreters in providing care to non-English-proficient patients. This 5-hour continuing education course is available for download for professional development; if continuing education credit is desired, please see instructions included in eBook.

#### **Book Information**

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#### Customer Reviews

I was diagnosed with osteoporosis as a result of hyperparathyroidism. This resource was EXACTLY what I needed. Clear and authoritative. Good for anyone with a general science background.

Very good review though I believe the risk of hormone replacement in menopause has been found to be over stated.

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